



Organized by US Sailing - Hosted by Stamford Yacht Club

Stamford, CT

October 3 -6, 2019

Sailing Instructions

[10/02/19]

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), by the US Sailing Conditions for the Championship of Champions (referred to hereinafter as the Conditions), by the US Sailing Regulations, Section 10 for Championships, as well as US Sailing Regulations, Sections 2, 4, and 15, by the SafeSport Handbook, and by the US Sailing Code of Conduct.
- 1.2 US Sailing prescriptions to RRS 63.2 and 63.4 will not apply.
- 1.3 Advertising for this regatta is restricted in accordance with Regulation 20, World Sailing Advertising Code. Competitors may be required to sail boats displaying advertising chosen and supplied by the organizing authority (OA).
- 1.4 This is a Grade 3 Coaching event; no private coaching is permitted.
<https://www.ussailing.org/competition/resources/coaching-and-support-boat-policy/>

2 Notices to Competitors

Notices to competitors will be posted on the official regatta notice board located in The Grotto below the SYC Clubhouse. As a convenience, they may also be posted on the event page on YachtScoring (https://yachtscoring.com/notice_board.cfm?eid=6220) and the Championship of Champions website: <https://www.ussailing.org/competition/championships/2019-championship-of-champions/>

3 Changes to Sailing Instructions

Any change to the sailing instructions (SIs) will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the flagpole located at the shore station on the lawn on the waterward side of the SYC Clubhouse.
- 4.2 When code flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes.'

5 Signals Made Afloat

In accordance with RRS 90.2 (c), oral changes to the SIs may be made on the water. A change is in effect when the race committee (RC) signal boat displays code flag L with one sound. This means come within hail of the RC boat to receive the oral changes.

6 Boats

- 6.1 The Ideal 18 will be the provided boat and will be sailed only as provided, and in a "round robin" format. The Ideal 18 has capabilities of reefing main. The sail combinations to be used will be signaled from the RC boat before the attention signal. The signals shall have the following meanings:

<u>Signal</u>	<u>Sail Combination to be used</u>
No signal	Mainsail, Jib, Spinnaker
Code Flag V	Mainsail, Jib (No Spinnaker)
Code Flag R	Mandatory Reefed Mainsail, Jib (No Spinnaker)

- 6.2 The total number of crew aboard shall be two (2) persons.
- 6.3 No substitution of helmsperson may be made unless permission of the US Sailing National Chairperson is granted.
- <https://www.ussailing.org/wp-content/uploads/2018/05/Championship-of-Champions-Conditions.pdf>
- 6.4 The regatta is not being conducted as a class sanctioned or class association event.
- 6.5 Wind indicators, including yarn, thread, cassette tape, etc., may be tied or taped anywhere on the boat, and shall be removed by the end of the regatta.
- 6.6 Competitors shall report any damage or loss of equipment and any collision, however slight, to the RC as soon as possible by flying the pink breakdown flag (provided by the OA) and **hailing a support boat on VHF channel 03A** before transferring to another boat. The penalty for breaking this instruction shall be as described in SI 6.7 below, unless the protest committee (PC) is satisfied that the competitor made a determined effort to comply.
- 6.7 The penalty for not complying with instructions in SI 6.6 and compliance with “Boats Provided By The Host Club” Addendum A may be disqualification from each race sailed in which an instruction is broken.

7 Schedule of Races

- 7.1 A complete round robin is scheduled. Competitors will rotate boats between races. Four (4) races shall constitute a regatta.
- | | | |
|-----------------------|---|-------------|
| 7.2 Thursday, October | Boats Available for Practice | 1100 - 1530 |
| | Mandatory Safety & Skippers Meeting and boat assignments | 1600 – 1630 |
| Friday, October 4 | Competitors on boats | 0815 |
| | Harbor Start | 0830 |
| | Warning Signal – First Race of the day | 0930 |
| Saturday, October | Competitors on boats | 0815 |
| | Harbor Start | 0830 |
| | Warning Signal – First Race of the day | 0930 |
| Sunday, October | Competitors on boats | 0815 |
| | Harbor Start | 0830 |
| | Warning Signal – First Race of the day | 0930 |
| | No warning will be made after...
Lunch & Awards will follow the day’s racing | 1200 |

8 Class Flag

The class flag will be numeral pennant 1.

9 Racing Area

Racing will take place on the waters of Long Island Sound southerly of Stamford Harbor.

10 The Course

- 10.1 The course will be selected from the attached Course Chart. Windward marks are to be left to port.
- 10.2 No later than the warning signal, the RC signal vessel will display the course number and the approximate direction to the windward mark.

11 Marks

- 11.1 The starting marks will be yellow. See SI 12.1
- 11.2 Mark 1 will be an orange tetrahedron.
- 11.3 Mark 1a will be an orange or red ball.
- 11.4 Mark 2 will be orange tetrahedrons forming a gate. In the absence of a gate, the single mark is to be left to port.
- 11.5 New windward mark, when used as described in SI 14.2, will be a yellow tetrahedron.
- 11.6 The finishing marks will be an RC vessel displaying a yellow flag and an RC vessel displaying a yellow flag or a nearby yellow inflatable mark.

12 The Start

- 12.1 The starting line will be between two RC vessels displaying yellow flags or a yellow flag at the starboard end and the course side of a yellow inflatable mark at the port end.
- 12.2 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

13 Recalls

The RC will attempt to hail OCS (On the Course Side) boats by loud hail and/or VHF radio. All competitors must bring a personal hand-held VHF radio capable of sending and receiving on channel 05A. Failure of equipment, failure to hear or understand the hail, and the timing and order of such hails will not be grounds for requesting redress. This changes RRS 62.1(a).

14 Change of the Next Leg of the Course

- 14.1 The RC may make minor adjustments (up to 10 degrees and .1NM in length) to the course during a race without signaling a course change. This changes RRS 33.
- 14.2 To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 14.3 If the new mark is the weather mark, then a new offset mark will not be used.

15 The Finish

- 15.1 The finish line will be between a staff displaying a yellow flag on the RC vessel and a yellow flag on a pin vessel or the course side of a nearby yellow inflatable mark.
- 15.2 Code flag A displayed at the finish with no sound means no more racing today; return to the dock.

16 Penalty System

- 16.1 Appendix V 1 will apply.
- 16.2 Penalties for infractions within three (3) boat lengths of the windward mark or on the offset leg may be delayed and taken as soon as possible on the downwind leg. This changes RRS 44.2.

17 Time Limit

- 17.1 The time limit for the first boat to sail the course and finish is 60 minutes.
- 17.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored TLE (time limit expired) without a hearing and scored points equal to the number of boats finishing within the time limit plus two points but not worse than DNF. This changes RRS 35, A4 and A5.
- 17.3 If one boat is the only boat not to have finished, and is unduly delaying the start of another race, the RC may finish that boat and score the boat in last place.

18 Protests and Requests for Redress

- 18.1 A boat shall not protest another boat for an alleged breach of a class rule. This adds to RRS 60.1
- 18.2 Boats intending to protest shall so inform the RC at the finish of the race.
- 18.3 The protest time limit is 45 minutes after the RC signal vessel docks.
- 18.4 Notices to inform competitors of hearings in which they are parties will be posted within 10 minutes of the end of protest time. This will constitute notice to all parties under RRS 61.1(b) and 63.2.
- 18.5 Only the PC can protest a boat for breaking SIs 21 or 22. The penalty for breaking these instructions may be less than disqualification at the discretion of the PC.
- 18.6 A list of RC actions will be posted prior to the end of the protest time limit. The deadline for requesting redress based on these scores will be either 30 minutes after posting of the penalty notice or the protest time limit, whichever is later. This changes RRS 62.2.

19 Scoring

- 19.1 When fewer than six (6) races have been completed, a competitor's series score will be the total of that competitor's race scores.
- 19.2 When from six (6) to eleven (11) races are completed, a competitor's series score will be the total of that competitor's race scores, excluding the competitor's worst score.
- 19.3 When twelve (12) or more races have been completed, a competitor's series score will be the total of her race scores, excluding the competitor's two (2) worst scores.
This changes Championship of Champions Condition 9.

20 Breakdowns

A competitor whose finishing place, through no fault of his/her own, is made significantly worse because of a breakdown, subject to SI 6.6, may seek redress. This adds to RRS 62.1

21 Disposal of Trash

Competitors shall remove any trash from the boat they are sailing during each rotation. Trash may be given to any support boat for disposal.

22 Safety Regulations

- 22.1 All competitors shall wear a U.S. Coast Guard approved PFD at all times while on the water, other than brief periods to add or remove clothing. This changes RRS 40 and the preamble to Part 4 rules.
- 22.2 A boat retiring from a race shall notify a RC boat before leaving the course, or, when that is impossible, the official regatta desk as soon as possible.

23 Controlled Substances

- 23.1 Per US Sailing Regulation 10.03, for adult US Sailing Championship events, no competitor shall use or possess, either on or off the water: marijuana or any other substance if possession is illegal under state or federal law.
- 23.2 An alleged breach of one of these regulations shall not be grounds for a protest. However, when the PC believes that a competitor may have broken one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor is found to have broken one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

24 Prizes

- 24.1 The Jack Brown Trophy, a perpetual trophy, will be awarded to the winner of the Championship Finals. The perpetual trophy will be kept on display at US Sailing.
- 24.2 US Sailing medals will be awarded to the top three (3) teams.

2019 Championship of Champions
ADDENDUM A
BOATS PROVIDED BY THE HOST CLUB

1 GENERAL

All reasonable steps will be taken to equalize boats. Actions prohibited by Addendum A2 are not subject to protest by a boat.

2 PROHIBITED ITEMS AND ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by a member of the RC otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth without having paid the required damage deposit or having permission from the RC, or, on race days while "AP" is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline. This includes the use of sandpaper.
- 2.9 Moving the mast blocks.
- 2.10 Using a flattener as a reef.
- 2.11 Perforating sails, even to attach tell tales.
- 2.12 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.13 The use of electronic instruments other than compass, watches, or VHF. If electronic, only a compass with heading, heading memory, and timing functions is permitted. Nothing with GPS function is permitted.
- 2.14 Marking directly on the hull or deck with permanent ink.
- 2.15 The use of the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.

3 PERMITTED ITEMS AND ACTIONS

The following actions are permitted:

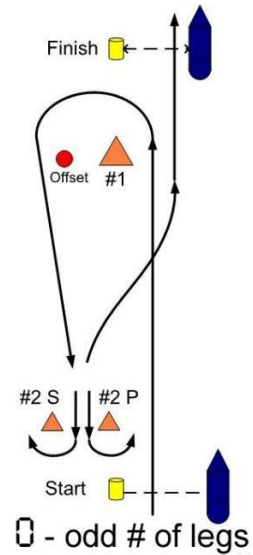
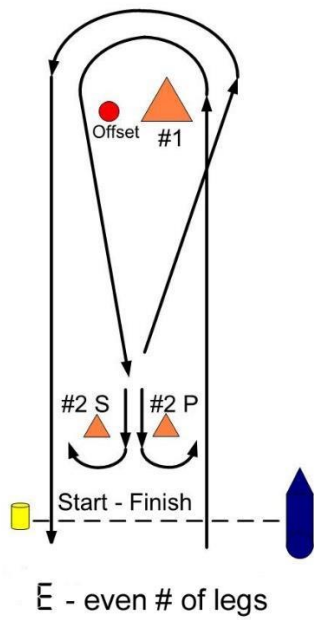
- 3.1 Taking on board the following equipment:
 - (a) basic hand tools
 - (b) Electrical or duct tape
 - (c) line (elastic or otherwise of 4 mm diameter or less)
 - (d) marking pens
 - (e) tell-tale material
 - (f) watch, timers and hand-held compass
 - (g) shackles and clevis pins
 - (h) Velcro tape
 - (i) spare flags
- 3.2 Using the items in 3.1 to:
 - (a) prevent fouling of lines, sails and sheets
 - (b) attach tell tales
 - (c) prevent sails being damaged or falling overboard
 - (d) mark control settings
 - (e) make minor repairs and permitted adjustments

4 MANDATORY ITEMS AND ACTIONS

Reporting damage to the RC and Dockmaster.

Course Chart

Course	Marks		Course	Marks
2	Start, 1, 1a, Finish		3	Start, 1, 1a, 2, Finish
4	Start, 1, 1a, 2, 1, 1a, Finish		5	Start, 1, 1a, 2, 1, 1a, 2, Finish



**CHAMPIONSHIP
S.G OF CHAMPIONS**



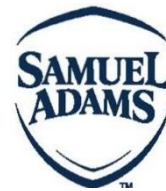
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